

FAMILY & CONSUMER SCIENCE

Welcome to Family & Consumer Science...otherwise known as FACS...or more well-known as Home Economics back in the day. However, FACS isn't your mom or grandma's Home Ec class...it's a new, improved, updated and modern version. I know you're only in junior high, but when you get to high school, you have options to take CTE(Career and Technical Education) classes like Culinary, Fashion Design, Education Professions, Marketing and more. FACS is considered an eCTE class(early Career and Technical Education)...so we explore many of the CTE classes that you could pursue in high school. We cover 4 different units in FACS...

The first is **Child Development & Family Relations**...we learn all about child development, childcare, child safety, and more. You will take away skills for parenting and explore Early Childhood and Education professions. You'll even get to try your hand at parenting...a Potato Baby!

Our second unit is **Fashion Design**...we explore apparel, textiles, fashion branding, fabric care(like laundry) and more. You will walk away know how to sew a button on and confident in your completion of a hand sewing project!

The next (and possibly favorite) unit is **Culinary & Food/Nutrition**...it doesn't matter if you love to cook or have hardly stepped foot in the kitchen...we learn all about kitchen equipment, cooking terms, measuring, knife skills, food safety, nutrition and more. You'll get to cook...and EAT what you have made!

Our final unit is **Hospitality & Tourism** where we explore careers and skills that make a great professional in the service industry. We'll put those skills (combined with the skills learned in the previous units) to work with our culminating activity!

FACS is fun! Our units move quick and we're always busy with a project or activity...you'll get to work in groups often whether we're playing games, completing an escape the room activity for our unit or cooking! You'll leave FACS with real-world skills that you will use almost daily and an overview of some career paths you may want to pursue in high school and beyond!

